



Parteen National School

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Anti-Bullying Policy

1. In accordance with the requirements of the Education (Welfare) Act 2000 and the code of behaviour guidelines issued by the NEWB, the Board of Management of Parteen N.S. has adopted the following anti-bullying policy within the framework of the school's overall code of behaviour. This policy fully complies with the requirements of the Anti-Bullying Procedures for Primary and Post-Primary Schools which were published in September 2013.

2. The Board of Management recognises the very serious nature of bullying and the negative impact that it can have on the lives of pupils and staff and is therefore fully committed to the following key principles of best practice in preventing and tackling bullying behaviour:

(a) A positive school culture and climate which

- is welcoming of difference and diversity and is based on inclusivity;
- encourages pupils and staff to disclose and discuss incidents of bullying behaviour in a non-threatening environment; and
- promotes respectful relationships across the whole school community;

(This policy is available to all on the school website, all staff will have a copy and implement it, it will be on the agenda at some staff meetings and will be reported on at all BOM meetings)

This positive school culture is fostered in Parteen N.S. through the promotion and adoption of the following key elements outlined below.

Key elements of a positive school culture and climate.

In Parteen N.S. the staff members share a collegiate responsibility, under the direction of the Principal, to act in preventing bullying/aggressive behaviour by any member of the school community. The school:

- Acknowledges the right of each member of the school community to enjoy school in a secure environment.
- Acknowledges the uniqueness of each individual and his/her worth as a human being.
- Promotes positive habits of self-respect, self-discipline and responsibility among its members.
- Prohibits vulgar, offensive, sectarian or other aggressive behaviour or language by any of its members.
- Has a clear commitment to promoting equity in general and gender equity in particular in all aspects of its functioning.
- Has the capacity to change in response to pupils' needs.
- Identifies aspects of curriculum through which positive and lasting influences can be exerted towards forming pupils' attitudes and values.
- Takes particular care of "at risk" pupils and uses its monitoring system to facilitate early intervention where necessary and its response to the needs, fears or anxieties of individual members in a sensitive manner.
- Recognises the need to work in partnership with and keep parents informed on procedures to improve relationships on a school-wide basis.
- Recognises the role of parents in equipping the pupil with a range of life-skills.
- Recognises the role of other community agencies in preventing and dealing with bullying.
- Promotes habits of mutual respect, courtesy and an awareness of the interdependence of people in groups and communities.
- Promotes qualities of social responsibility, tolerance and understanding among all its members both in and out of school.

(b) Effective leadership:

- Effective leadership is key to good practice. The role of all those in leadership roles within the school is very important in stimulating a school-wide approach to preventing and tackling bullying.
- As pupils model their behaviour on that of adults, the Principal, teachers and parents will act as good role-models and not misuse their authority. They will be fair, firm, clear and consistent in their disciplinary measures.

(c) A school-wide approach, (see pages 5/6).

(d) A shared understanding of what bullying is and its impact.

(e) Implementation of education and prevention strategies (including awareness raising measures) that-

- build empathy, respect and resilience in pupils; and
- explicitly address the issues of cyber-bullying and identity-based bullying including in particular, homophobic and transphobic bullying;

(f) Effective supervision and monitoring of pupils

(g) Supports for staff

(h) Consistent recording, investigation and follow up of bullying behaviour, including use of established intervention strategies (please refer to Appendix 1 in this policy and pages 8 -11)

(i) On-going evaluation of the effectiveness of the anti-bullying policy.

3. In accordance with the *Anti-Bullying Procedures for Primary and Post-Primary Schools* bullying is defined as follows:

Bullying is unwanted negative behaviour, verbal, psychological or physical conduct, by an individual or group against another person (or persons) and which is repeated over time.

The following types of bullying behaviour are included in the definition of bullying:

- deliberate exclusion, malicious gossip and other forms of relational bullying,
- cyber-bullying and
- identity-based bullying such as homophobic bullying, racist bullying, bullying based on a person's membership of the Traveller community and bullying of those with disabilities or special educational needs.

Isolated or once-off incidents of intentional negative behaviour, including a once-off offensive or hurtful text message or other private messaging, do not fall within the definition of bullying and should be dealt with, as appropriate, in accordance with the school's code of behaviour.

However, in the context of this policy, placing a once-off offensive or hurtful public message, image or statement on a social network site or other public forum where that

message, image or statement can be viewed and/or repeated by other people will be regarded as bullying behaviour.

Negative behaviour that does not meet this definition of bullying will be dealt with in accordance with the school's code of behaviour.

Examples of bullying behaviours

<p>General behaviours which apply to all types of bullying</p>	<ul style="list-style-type: none"> • Harassment based on any of the nine grounds in the equality legislation e.g. gender, civil status, family status, sexual orientation, religion, age, disability, race and membership of the Traveller community. • Physical aggression • Damage to property • Name calling • Slagging with intent to upset • The production, display or circulation of written words, pictures or other materials aimed at intimidating another person • Offensive graffiti • Extortion • Intimidation • Insulting or offensive gestures • The "look" • Invasion of personal space • A combination of any of the types listed.
<p>Cyber</p>	<ul style="list-style-type: none"> • Denigration: Spreading rumours, lies or gossip to hurt a person's reputation • Harassment: Continually sending vicious, mean or disturbing messages to an individual • Impersonation: Posting offensive or aggressive messages under another person's name • Flaming: Using inflammatory or vulgar words to provoke an online fight • Trickery: Fooling someone into sharing personal information which you then post online • Outing: Posting or sharing confidential or compromising information or images

	<ul style="list-style-type: none"> • Exclusion: Purposefully excluding someone from an online group • Cyber stalking: Ongoing harassment and denigration that causes a person considerable fear for his/her safety • Silent telephone/mobile phone call • Abusive telephone/mobile phone calls • Abusive text messages • Abusive email • Abusive communication on social networks e.g. Facebook/Ask.fm/ Twitter/You Tube or on games consoles • Abusive website comments/Blogs/Pictures • Abusive posts on any form of communication technology
<p>Identity Based Behaviours</p> <p>Including any of the nine discriminatory grounds mentioned in Equality Legislation (gender including transgender, civil status, family status, sexual orientation, religion, age, disability, race and membership of the Traveller community).</p>	
<p>Homophobic & Transgender</p>	<ul style="list-style-type: none"> • Spreading rumours about a person's sexual orientation • Taunting a person of a different sexual orientation • Name calling e.g. Gay, queer, lesbian...used in a derogatory manner • Physical intimidation or attacks • Threats
<p>Race, nationality, ethnic background and membership of the Traveller community</p>	<ul style="list-style-type: none"> • Discrimination, prejudice, comments or insults about colour, nationality, culture, social class, religious beliefs, ethnic or traveller background • Exclusion on the basis of any of the above

<p>Relational</p>	<p>This involves manipulating relationships as a means of bullying. Behaviours include:</p> <ul style="list-style-type: none"> • Malicious gossip • Isolation & exclusion • Ignoring • Excluding from the group • Taking someone's friends away • "Bitching" • Spreading rumours • Breaking confidence • Talking loud enough so that the victim can hear • The "look", "rolling eyes" • Repeatedly lying about someone or something. • Slagging • Use or terminology such as 'nerd' in a derogatory way • Body shaming
<p>Sexual</p>	<ul style="list-style-type: none"> • Unwelcome or inappropriate sexual comments or touching • Harassment
<p>Special Educational Needs, Disability</p>	<ul style="list-style-type: none"> • Name calling • Taunting others because of their disability or learning needs • Taking advantage of some pupils' vulnerabilities and limited capacity to recognise and defend themselves against bullying • Taking advantage of some pupils' vulnerabilities and limited capacity to understand social situations and social cues. • Mimicking a person's disability • Setting others up for ridicule

It is important to note that the above examples of bullying behaviour are not exhaustive.

4. The relevant teachers for investigating and dealing with bullying are as follows:

- All teachers

Deputy Principal

Principal

Any teacher may act as a relevant teacher if circumstances warrant it.

5. The education and prevention strategies (including strategies specifically aimed at cyber-bullying, homophobic and transphobic bullying) that will be used by Parteen N.S. are as follows:

Education and prevention strategies

School-wide approach

- A school-wide approach to the fostering of respect for all members of the school community.
- The promotion of the value of diversity to address issues of prejudice and stereotyping, and highlight the unacceptability of bullying behaviour.
- The fostering and enhancing of the self-esteem of all our pupils through both curricular and extracurricular activities. Pupils will be provided with opportunities to develop a positive sense of self-worth through formal and informal interactions.
- Teachers are proactive in their approach to dealing with bullying related issues and frequently address issues as they arise, in addition to the formal lessons taught covering the topic
- Whole staff professional development on bullying to ensure that all staff develop an awareness of what bullying is, how it impacts on pupils' lives and the need to respond to it-prevention and intervention.
- An annual audit of professional development needs with a view to assessing staff requirements through internal staff knowledge/expertise and external sources
- Professional development with specific focus on the training of the relevant teacher(s)

- The school's anti-bullying policy is discussed with pupils and all parent(s)/guardian(s) are given a copy as part of the Code of Behaviour of the school (every year).
- The implementation of regular whole school awareness measures e.g. reminders at assemblies, a dedicated notice board in the school and classrooms on the promotion of friendship, and bullying prevention; Friendship Week and parent(s)/guardian(s) seminars; annual student surveys; etc.
- Encourage a culture of telling, with particular emphasis on the importance of bystanders. In that way pupils will gain confidence in 'telling'. This confidence factor is of vital importance. It should be made clear to all pupils that when they report incidents of bullying they are not considered to be telling tales but are behaving responsibly.
- Ensuring that pupils know **who** to tell and **how** to tell, e.g.:
 - o Direct approach to teacher at an appropriate time, for example after class.
 - o Worry box or similar
 - o Get a parent(s)/guardian(s) or friend to tell on your behalf.
 - o Administer a confidential questionnaire as required
 - o Ensure bystanders understand the importance of telling if they witness or know that bullying is taking place.
- Identify clear protocols to encourage parent(s)/guardian(s) to approach the school if they suspect that their child is being bullied. The protocol should be developed in consultation with parents.
- The development of an Acceptable Use Policy in the school to include the necessary steps to ensure that the access to technology within the school is strictly monitored, as is the pupils' use of mobile phones.
- The listing of supports currently being used in the school and the identification of other supports available to the school e.g. Stay Safe, Walk Tall, Webwise, My Selfie, Digitown, Grow in Love etc.
- Behaviour tracking mechanisms are used in line with our Code of Behaviour so that issues can be dealt with promptly
- On top of the support given by the staff, children have access to the playground leaders, members of the Students Council and the Buddy Bench if they are experiencing problems on the yard
- Visual aids are displayed around the school to reinforce the key messages of Anti Bullying lessons.
- Assembly - Principal meets the children on a regular basis and outlines expectations in relation to how we treat each other. Principal also explains what

children should do if they are experiencing bullying and reminds pupils to speak to an adult if they are being bullied.

Implementation of curricula

- The full implementation of the SPHE curriculum and the RSE and Stay Safe Programmes. Both programmes cover the topic of friendships/bullying. There is a specific SPHE Plan that teachers follow which incorporates the SPHE, RSE and Walk Tall. Teacher also use Webwise and other similar up to date resources to teach lessons related to this topic.
- Continuous Professional Development for staff in delivering these programmes.
- Friends for Life programme is used by some teachers who are trained in using the programme.
- Regular delivery of the Garda SPHE Programmes at primary level. These lessons, delivered by Community Gardaí, cover issues around personal safety and cyber-bullying.
- The school will specifically consider the additional needs of SEN pupils with regard to programme implementation and the development of skills and strategies to enable all pupils to respond appropriately e.g. Participation in the weekly social group schemes.
- The school will implement the advice in "Sexual Orientation advice for schools" (RSE Primary, see booklet).
- Additional speakers (as the need arises) addressing the topic of Bullying for example Pat Forde - www.stopthebully.ie

Links to other policies

- Other school policies, practices and activities that are particularly relevant to bullying are, Code of Behaviour, Child Protections policy, Supervision of pupils, SEN policy, Acceptable Use policy, Attendance, Sporting activities.

6. The school's procedures for investigation, follow-up and recording of bullying behaviour and the established intervention strategies used by the school for dealing with cases of bullying behaviour are as follows:

Procedures for Investigating and Dealing with Bullying

The primary aim in investigating and dealing with bullying is to resolve any issues and to restore, as far as is practicable, the relationships of the parties involved (rather than to apportion blame);

The school's procedures are set out below. If parents make an allegation of bullying that is taking place outside school the Principal will offer to meet with them to provide support and advice. If a child makes a disclosure of bullying that is taking place outside school to any member of staff, they shall inform the Principal who will contact the parents and invite them to the school for a meeting to provide support and advice. The Principal shall inform all relevant staff of the allegation so that the children can be monitored closely. If the matter spills into school the steps outlined here shall then apply.

Every effort will be made to ensure that all involved (including pupils, parent(s)/guardian(s)) understand this approach from the outset.

Reporting bullying behaviour

- Any pupil or parent(s)/guardian(s) may bring a bullying incident to any teacher in the school.
- All reports, including anonymous reports of bullying, will be investigated and dealt with by the relevant teacher.
- Teaching and non-teaching staff such as secretaries, special needs assistants (SNAs), bus escorts, caretakers, cleaners must report any incidents of bullying behaviour witnessed by them, or mentioned to them, to the relevant teacher;

Investigating and dealing with incidents:

- In investigating and dealing with bullying, the (relevant)teacher will exercise his/her professional judgement to determine whether bullying has occurred and how best the situation might be resolved;
- The school through the 'Relevant Teacher' reserves the right to ask any pupil to verbally explain or to write an account of what happened, as part of an investigation. This will be a standard procedure and does not necessarily imply that a pupil is guilty of misbehaviour.
- Parent(s)/guardian(s) and pupils are required to co-operate with any investigation and assist the school in resolving any issues and restoring, as far as is practicable, the relationships of the parties involved as quickly as possible;

- Teachers should take a calm, unemotional problem-solving approach.
- Where possible incidents should be investigated outside the classroom situation to ensure the privacy of all involved;
- All interviews should be conducted with sensitivity and with due regard to the rights of all pupils concerned. Pupils who are not directly involved can also provide very useful information in this way;
- When analysing incidents of bullying behaviour, the relevant teacher should seek answers to questions of what, where, when, who and why. This should be done in a calm manner, setting an example in dealing effectively with a conflict in a non-aggressive manner;
- If a group is involved, each member should be interviewed individually at first. Thereafter, all those involved should be met as a group. At the group meeting, each member should be asked for his/her account of what happened to ensure that everyone in the group is clear about each other's statements;
- Each member of a group should be supported through the possible pressures that may face them from the other members of the group after the interview by the teacher;

It may also be appropriate or helpful to ask those involved to write down their account of the incident(s)

- In cases where it has been determined by the relevant teacher that bullying behaviour has occurred, the parent(s)/guardian(s) of the parties involved should be contacted at an early stage to inform them of the matter and explain the actions being taken (by reference to the school policy). The school should give parent(s)/guardian(s) an opportunity of discussing ways in which they can reinforce or support the actions being taken by the school and the supports provided to the pupils;
- Where the relevant teacher has determined that a pupil has been engaged in bullying behaviour, it should be made clear to him/her how he/she is in breach of the school's anti-bullying policy and efforts should be made to try to get him/her to see the situation from the perspective of the pupil being bullied;
- It must also be made clear to all involved (each set of pupils and parent(s)/guardian(s)) that in any situation where disciplinary sanctions are required, this is a private matter between the pupil being disciplined, his or her parent(s)/guardian(s) and the school;

Follow up and recording

- In determining whether a bullying case has been adequately and appropriately addressed the relevant teacher must, as part of his/her professional judgement, take the following factors into account:
 - Whether the bullying behaviour has ceased;
 - Whether any issues between the parties have been resolved as far as is practicable;
 - Whether the relationships between the parties have been restored as far as is practicable;
 - Any feedback received from the parties involved, their parent(s)/guardian(s) or the school Principal or Deputy Principal
- Follow-up meetings with the relevant parties involved should be arranged separately with a view to possibly bringing them together at a later date if the pupil who has been bullied is ready and agreeable.
- Where a parent(s)/guardian(s) is not satisfied that the school has dealt with a bullying case in accordance with these procedures, the parent(s)/guardian(s) must be referred, as appropriate, to the school's complaints procedures.
- In the event that a parent(s)/guardian(s) has exhausted the school's complaints procedures and is still not satisfied, the school must advise the parent(s)/guardian(s) of their right to make a complaint to the Ombudsman for Children.

Recording of bullying behaviour

It is imperative that all recording of bullying incidents must be done in an objective and factual manner.

The school's procedures for noting and reporting bullying behaviour are as follows:

Informal- pre-determination that bullying has occurred

- All staff must keep a written record of any incidents witnessed by them or notified to them on Aladdin. All incidents must be reported to the relevant teacher
- While all reports, including anonymous reports of bullying must be investigated and dealt with by the relevant teacher, the relevant teacher must keep a

written record of the reports, the actions taken and any discussions with those involved regarding same

- The relevant teacher must inform the principal of all incidents being investigated.

Formal Stage 1 -determination that bullying has occurred

- If it is established by the relevant teacher that bullying has occurred, the relevant teacher must keep appropriate written records on Aladdin which will assist his/her efforts to resolve the issues and restore, as far as is practicable, the relationships of the parties involved.
- The records will be kept on Aladdin

Formal Stage 2-Appendix 3 (From DES Procedures)

- The relevant teacher must use the recording template (referred to as **Appendix 3** by the Department of Education but labelled **Appendix 1** in this policy) to record the bullying behaviour in the following circumstances:

a) in cases where he/she considers that the bullying behaviour has not been adequately and appropriately addressed within 20 school days after he/she has determined that bullying behaviour occurred; and

b) Where the school has decided as part of its anti-bullying policy that in certain circumstances bullying behaviour must be recorded and reported immediately to the Principal or Deputy Principal as applicable.

When the recording template is used, it must be retained by the relevant teacher in question and a copy maintained by the principal. These records are kept on file in the Principal's office until the pupil in question reaches the age of 21 years.

If a parent is not happy with the outcome of a bullying investigation they can use the Parental Complaints Procedure and write to the Board of Management outlining the nature of their complaint.

Established intervention strategies

- Teacher interviews with all pupils
- Negotiating agreements between pupils and following these up by monitoring progress. This can be on an informal basis or implemented through a more structured mediation process
- Working with parent(s)/guardian(s) to support school interventions

- No Blame Approach
- Circle Time
- Restorative practice
- Restorative conferencing
- Implementing questionnaires

7. The school's programme of support for working with pupils affected by bullying is as follows :

- All in-school supports and opportunities will be provided for the pupils affected by bullying to participate in activities designed to raise their self-esteem, to develop friendships and social skills and build resilience e.g.
 - Pastoral care system
 - Buddy / Peer mentoring system
 - Group work such as circle time
- If pupils require counselling of further supports the school will endeavour to liaise with the appropriate agencies to organise same e.g. National Educational Psychological Service. This may be for the pupil affected by bullying or involved in the bullying behaviour.
- Pupils should understand that there are no innocent bystanders and that all incidents of bullying behaviour must be reported to a teacher.

8. Supervision and Monitoring of Pupils

The Board of Management confirms that appropriate supervision and monitoring policies and practices are in place to both prevent and deal with bullying behaviour and to facilitate early intervention where possible. Non-teaching staff will also contribute and be part of the process to counter bullying behaviour in our school.

- There are agreed appropriate monitoring and supervision practices in the school.
 - Bullying "danger hot spots" have been identified e.g. if children were out of sight of the teacher. This is prevented as classes are supervised at all times, break times are supervised at all times, children are not allowed out of sight of teachers e.g. at break times they are not allowed around the school building, children are not allowed stay inside on their own, pupils must ask for permission to go in to the toilet from the playground during break times.
 - Bullying "hot-times" are identified: Break time, in class, line going out from class or returning to class after break-time, walking along the corridor, travelling on the school bus, less structured activities
 - Through formal instruction (including SPHE lessons, RE., learning support/ Resource teachers) pupil support and care structures will help with measures to counteract bullying behaviour.

In relation to the Acceptable Use Policy:

- All internet sessions are supervised by the class teacher.
- The school monitors the pupils' internet usage.
- Pupils have been instructed to use only approved class accounts for email purposes under teacher supervision.
- Pupils have been instructed to access only those chat rooms, discussion forums and messaging or other electronic communication that have been approved by the school.

9. Prevention of Harassment

The Board of Management confirms that the school will, in accordance with its obligations under equality legislation, take all such steps that are reasonably practicable to prevent the sexual harassment of pupils or staff or the harassment of pupils or staff on any of the nine grounds specified i.e. gender including transgender, civil status, family status, sexual orientation, religion, age, disability, race and membership of the Traveller community.

10. This policy was adopted by the Board of Management on _____ .

11. This policy has been made available to school personnel, published on the school website and provided to the Parents' Association. A copy of this policy will be made available to the Department and the patron if requested.

12. This policy and its implementation will be reviewed by the Board of Management once in every school year. Written notification that the review has been completed will be made available to school personnel, published on the school website and provided to the Parents' Association. A record of the review and its outcome will be made available, if requested, to the patron and the Department.

Signed: Janet O Sullivani
(Chairperson of Board of Management)

Signed: [Signature]
(Principal)

Date: 10/1/24

Date: 10/1/24

Date of next review: 10/1/25

Appendix 1 - Template for Recording Bullying

1. Name of pupil being bullied and class group

Name _____

Class _____

2. Name(s) and class(es) of pupil(s) engaged in bullying behaviour

3. Source of bullying concern/report (tick relevant box(es))*

4. Location of incidents (tick relevant box(es))*

Pupil concerned	
Other Pupil	
Parent	
Teacher	
Other	

Playground	
Classroom	
Corridor	
Toilets	
School Bus	
Other	

5. Name of person(s) who reported the bullying concern _____

6. Type of Bullying Behaviour (tick relevant box(es)) *

Physical Aggression		Cyber-bullying	
Damage to Property		Intimidation	
Isolation/Exclusion		Malicious Gossip	
Name Calling		Other (specify)	

7. Where behaviour is regarded as identity-based bullying, indicate the relevant category:

Homophobic	Disability/SEN related	Racist	Membership of Traveller community	Other (specify)

8. Brief Description of bullying behaviour and its impact

9. Details of actions taken

Signed _____ (Relevant Teacher) Date _____

Date submitted to Principal/Deputy Principal _____

Appendix 2

Helping our pupils at Parteen understand our Anti-Bullying policy

We have created this short policy and a series of posters to help our pupils understand this policy. The child friendly posters are hung around the school to remind pupils of the key messages.

Anti-Bullying Policy

At our school, we have a special policy called the Anti-Bullying Policy. This policy is very important because it helps us all understand what bullying is and how we can stop it. Bullying is when someone is mean to another person over and over again. It can be through words or actions, and it makes the person being bullied feel sad, scared, or hurt.

Our school has some rules in place to make sure everyone feels safe and happy. We believe that every person is unique and important, and we should treat each other with kindness and respect. Here are some things we do to prevent and stop bullying:

1. **Positive School Environment:** We want our school to be a welcoming and inclusive place where everyone feels accepted. We encourage students and teachers to talk about any bullying they see or experience in a safe and friendly way. We want everyone to have good relationships and treat each other nicely.
2. **Good Leadership:** Our school leaders, like the Principal, teachers, and parents, play an important role in stopping bullying. They are good role models for us, and they always treat us fairly and kindly. They help create a safe and positive atmosphere at school.
3. **Understanding Bullying:** We learn about what bullying is and why it is wrong. We know that bullying can happen online too, and we call it cyber-bullying. We also learn about identity-based bullying, like when someone is mean to another person because of their race, religion, disability, or other differences. We understand that bullying is never okay, and we should always stand up against it.
4. **Education and Prevention:** We have lessons and activities that help us build empathy, respect, and resilience. These lessons teach us to understand and care for each other. We also talk about cyber-bullying and how to stay safe online. We learn to be good friends and not to exclude or hurt others.

5. **Supervision and Support:** Our teachers and staff always keep an eye on us to make sure everyone is safe. They watch over us during classes, on the playground, and during school trips. They are here to help us and make sure we are okay. We can talk to them if we have any problems or if we see someone being bullied.

6. **Recording and Investigating:** If someone is being bullied, we take it seriously. Our teachers and Principal will investigate and try to understand what happened. They will talk to the people involved and help find a solution. We keep records of any bullying incidents to make sure they are properly addressed.

7. **Evaluation and Improvement:** We always check if our anti-bullying policy is working well. We want to make sure it helps to stop bullying and keep us safe. We talk about it in meetings and ask for feedback from pupils and parents. If we need to make any changes, we will do our best to make our school even better.

Remember, bullying is never okay, and we should always treat each other with kindness and respect. If you see someone being bullied or if you are being bullied yourself, it's important to tell a teacher, parent, or another adult you trust. They will help you and make sure you feel safe. Together, we can create a school where everyone feels happy and respected.

Remember our Motto:

Together against bullying: Let Kindness shine!